

@gruwup.net : Peacebuilding and Trustbinding Ideal
3260 Grande Vista, San Bernardino CA 924
San Bernardino, CA 92405
Tel: 909-882-8759 Fax: 909-277-7893

Fax

To: Doctor Christopher Eric Berger **From:** James Martin Driskill
Fax: 1-909-383-3003 **Date:** Jul 06/19 02:22 PM
Organization: dbh.sbcounty.gov
Subject: Doctor Christopher Eric Berger

***** PLEASE FORWARD THIS FAX TO THE IMMEDIATE CARE AND ATTENTION OF:

Doctor Christopher Eric Berger

TruthFinder Report Is Filed [and Surface Web Indexed]:

http://doctor-christopher-eric-berger.fuckeduphuman.net/TruthFinder/person-Christopher_Berger_California-08_26_2018.pdf

JOBS

Company (Industry)	Job Title	Dates	
Nutri-Sport, Inc.	Executive Vice President OF Operations	Jan. 1, 1997 - Dec. 31, 2002 County Of San Bernardino	Remove

EDUCATION

DOCTOR OF MEDICINE (M.D.) FROM LOMA LINDA UNIVERSITY, SCHOOL OF MEDICINE

Attendance January 1, 2004 - December 31

Qualification Doctor of Medicine (M.D.)

Subject Medicine

University Loma Linda University, School

Remove **DOCTOR OF MEDICINE (M.D.) FROM LOMA LINDA UNIVERSITY, SCHOOL OF MEDICINE**

Attendance January 1, 2004 - December 31

Qualification Doctor of Medicine (M.D.)

Subject Psychiatry Residency Program
University of Louisiana at Lafayette, School

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@FUCKEDUPHUMAN.NET

<https://npino.com/npil/1063679017-dr.-christopher-eric-berger/>
Disqus! Comment Empowered!

DR. CHRISTOPHER ERIC BERGER, D.O.
PSYCHIATRY

909-382-3087

268 W HOSPITALITY ST
SAN BERNARDINO, CA 92415-0000

www.nipainvoice.com

Doctor Berger,

I do not know what it will take for you to respond a response of responsibility. This web presence is holding a binding. You are in a different paradigm here understanding perhaps to conclude that you would not want to remain public visible in this attention getting light for an extended duration. What appears to be a business card is sourced from your actual doctor licence site. The source image is quickly found by google images search using your name. Further does not have a copyright affixed which means it is public domain usaable. I choose to take advantage of that status. For anyone to perform an image search of your name, it might be noticed there are other images in the return results displayed to the public interest of these circumstances documented by this networking web presence. This places a binding on to this casting that you as the subject of this web presence would not just ignore this!! It seems strange or a skew from any kind of normalcy that such exposure creates affixed to your name. Some might make the obvious conclusion that you are a bit [or a boast] irresponsible somehow to hold this web presence status in the first place. Further dyamically applied that would be for an extended period of time would be conclusive that you can't find yourself to right a wrong that you are involved in somehow. Even if that would be to make a domain query "content removal request". This web presence is demanding your accountability response upon matters which you internally know. These matters are too important of a contentious state life and death health related matters of a community to leave in silence holding an "intractable conflict" status. #ConspiracyExposedTerminatesASAP

DR. ERIC TOMOMI SHIGENO M.D.
INTERNAL MEDICINE

<http://Doctor-Eric-Tomomi-Shigeno.FuckedUpHuman.net> [VALID WEBSITE]

949-364-0000

26800 CROWN VALLEY PKWY
MISSION VIEJO, CA
92691-6384

www.hipaaspace.com

Doctor Eric Tomomi Shigeno: [@BorregoHealth San Bernardino]

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Have You Seen My Friends?

Doctor Eric Tomomi Shigeno & Jennifer Anne Brehme ?

@FuckedUpHuman.Net

#ConspiracyExposedTerminatesASAP

<http://AforevermoreDunce.FuckedUpHuman.Net>

#GovernmentSponsoredHate

**The Big Bad Wolf
- 1948**

<http://BorregoHealth.FuckedUpHuman.Net>

<Http://Doctor-Eric-Tomomi-Shigeno.FuckedUpHuman.Net>

<http://FoothillAidsProject.FuckedUpHuman.Net>

<http://Jennifer-Anne-Brehme.FuckedUpHuman.Net>

<http://jennifer-anne-brehme.fuckeduphuman.net>

MS. JENNIFER ANNE BREHME LMFT
MARRIAGE & FAMILY THERAPIST

"Truth Hurts but Silence Kills"
- Mark Twain

909-623-1619

363 S PARK AVE
POMONA, CA
91766-1560

www.hipaaspace.com

Source URL:
https://www.hipaaspace.com/medical_billing/coding/national_provider_identifier/codes/npi_1104890340.aspx

Ms. Brehme: I do not know what it will take for you to respond a response of responsibility. This web presence is holding a binding. You are in a different paradigm here understanding perhaps to conclude that you would not want to remain public visable in this attention getting light for an extended duration. What appears to be a business card is sourced from your actual therapist licence site. The source image is quickly found by google images search using your name. Further does not have a copyright affixed which means it is public domain usaable. I choose to take advantage of that status. For anyone to perform an image search of your name, it might be noticed there are other images in the return results displayed to the public interest of these circumstances documented by this networking web presence. This places a binding on to this casting that you as the subject of this web presence would not just ignore this!! It seems strange or a skew from any kind of normalcy that such exposure creates affixed to your name. Some might make the obvious conclusion that you are a bit [or a boast] irresponsible somehow to hold this web presence status in the first place. Further dyamically applied that would be for an extended period of time would be conclusive that you can't find yourself to right a wrong that you are involved in somehow. Even if that would be to make a domain query "content removal request". This web presence is demanding your accountability response upon matters which you internally know. These matters are too important of a contentious state life and death health related matters of a community to leave in silence holding an "intractable conflict" status. #ConspiracyExposedTerminatesASAP

Medical Voice For Policy Change

<https://groups.google.com/forum/#!forum/medical-voice-for-policy-change>

Dear Doctors.... I have a public community address that needs to be considered. It is highly imperative that the matter is opened and released into public forum. The matter has been suppressed for so long, decades, that no one knows what to do about it when in the end, [U = U] says that the establishment, infectious disease control [CDC], social services and the general policy of the Ryan White Care Act has not been followed means a huge big "scratch" on the chalkboard is due a wake up call to the HIV/AIDS services healthcare field....

N A T I O N A L L Y --- A systemic problem of hate embedded in the system needs to be acknowledged, addressed, and fixed.

<http://ryan-white-care-act.fuckeduphuman.net> : <http://aforevermoreduce.fuckeduphuman.net>



ALL PRESENTATION MEDIA
LINKS HAVE BOTH WRITTEN
TEXT AND SPOKEN VOICE
NARRATIVE INTERFACES!

PLEASE LIKE / PLEASE SHARE

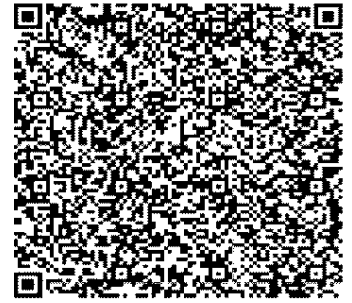
**The Haters
Have Been
Allowed To
Win...** If anyone
steps forward to talk
about it, they are silenced!
#ConspiracyExposedTerminatesASAP

#HIVUNTREATABLE

How Knowing The Truth About A Dark Deep Seeded Secret In The Ryan White Care Act That Has Allowed Social Services To Violate The Privacy of Clients, CyberStock Clients, Harrass Discriminate and Put Chaos Into The Lives Of Clients Has Left Me #HivUntreatable Without Doctor Care. Trying To Bring This Truth Forward, All Interfaces To Services/Care Terminated. #ConspiracyExposedTerminatesASAP #GovernmentSponsoredHate

BorregoHeath@FuckedUpHuman.net : Email Your Story Of Hate To Me
<http://Doctor-Eric-Tomoni-Shigeno.fuckeduphuman.net>

Random PSA Message
Selector [1 - 11]



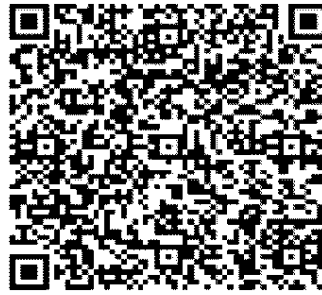
Use This Link Multiple Times
To Receive More Details Of
These Circumstances. A Very
Complex Involvement Matter!

Link To Direct Google Reviews URL

Foothill Aids Project

670 N. Arrowhead Avenue, Suite A-B, San Bernardino, CA

3.0 ★★☆☆☆ 2 reviews



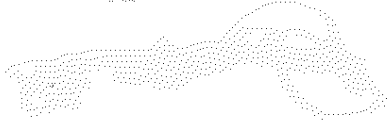
Aaron Jacobson

Local Guide · 1 review

★★★★☆ 11 months ago

This agency is FRAUDULANT in its services and practices when it comes to serving the HIV population and utilizing Ryan White Funding. My recommendation for any HIV client interested in signing with them is to run as far and as fast as you can...they treat HIV consumers with contempt and unprofessionalism.

👍 4



<http://FOOTHILLAIDSPROJECT.FUCKEDUPHUMAN.NET>

FAP

FAP San Bernardino
362 Orange Show Lane, San Bernardino, CA 92408
T (909) 884-2722 • F (909) 884-2732
Website: <http://fapinfo.org>

January 23, 2007

TO WHOM IT MAY CONCERN:

Mr. James Driskill has been a client of mine for Individual Psychotherapy since October 30, 2006. He has been attending Foothill AIDS Project's (FAP) "Living Well With HIV/AIDS" men's Support Group on a weekly basis since September 2006. He was self-referred for Individual Psychotherapy.

Mr. Driskill sought treatment for a high level of stress and anxiety primarily regarding his housing situation. He became homeless in Oakland earlier in 2006 and is currently residing with his family and extended Family in San Bernardino. In addition to his unresolved eviction in Oakland he was not able to secure immediate housing through the AIDS Housing Program in San Bernardino County due to a waiting period for each new applicant. These events resulted in Mr. Driskill experiencing a high level of anger and frustration.

While in both settings of therapy, Men's Support Group or Individual Psychotherapy, Mr. Driskill accepts the fact that he has an upfront, in your face style of confrontation. The men and I have come to realize that his style is primarily a reaction to his extreme level of frustration and we have learned not to be put off by his style. In these affirming settings he has learned to modify his style of confrontation which should continue to improve. I have also been impressed with how Mr. Driskill has sought out resources on how to understand and to cope more effectively while experiencing an almost complete lack of support from agencies and individuals. One such resource was the book "Please Understand Me: Character & Temperament Types", Kiersey, Davis and Bates, Marilyn.

His Mental Health and HIV Health status were both clinically affected by his housing crisis in Oakland and here in San Bernardino. He is currently responding well to the treatments and his prognosis is good. However, I believe that until there is an appropriate resolution (he wants an absolution) of his housing conflicts, he will remain in a vulnerable state regarding his overall HIV and Mental Health status.

Sincerely,

Howard W. Newsom, PhD
Howard W. Newsom PhD.

PSY-8868

E-mail: howard@fapinfo.org

Barbra
Streisand
Walls

Don't
Lie
To Me



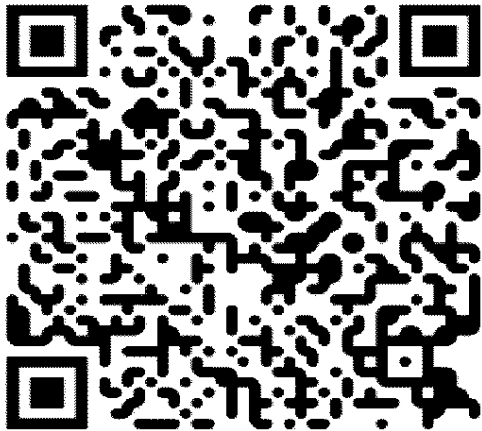
Play Video
On YouTube
Barbra Streisand
Don't Lie To Me

NPI 1336445758

Dr. Jonathan Harry Mermin

<https://npino.com/npi/1336445758-dr.-jonathan-harry-mermin/>

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NOTE:

If the truth comments affixed to this NPI record
are altered/censored by federal directives of
intimidation, retaliatory threats, or any other
underhanded acts of conspiracy, there is a
RETAINED REFERENCE PDF:

<http://npinf.fuckeduphuman.net>

[This IS NOT Business as Usual]
Contact the FBI if any of the information
found in these reports are disputed as being
honestly delivered into your view as truth!

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On YouTube
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Don't Lie To Me



NPI 1902858194

Dr. Mubashir Ahmad Farooqi
Empowered By Disqus!

Patient Commented By:

James Martin Driskill

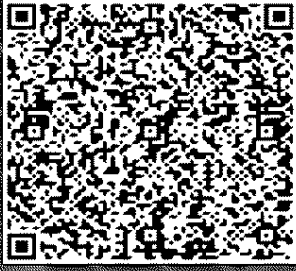
Affixed Public: Subj: Standards Of Care

<https://npino.com/npi/1902858194-dr.-mubashir-ahmad-farooqi/>

Note Still Active:

<http://webdomains.fuckeduphuman.net/inlandpsych.com/Mubashir.Ahmad.Farooqi.Md/>

#ConspiracyExposedTerminatesASAP



Play YouTube Video
Intended To Be Watched
By Every Ryan White
Care Act Funded
Aids Service Organization
Agency Across The
UNITED STATES OF AMERICA



Please Share: Distribute and Deliver To Each and Every Single Ryan White Care Act Funded HIV Social Service Agency Across the Entire United States Of America! <http://aforevermoredunce.fuckeduphuman.net>

@gruwup.net : Peacebuilding and Trustbinding Ideal
3260 Grande Vista, San Bernardino CA 924
San Bernardino, CA 92405
Tel: 909-882-8759 Fax: 909-277-7893

Fax

To: Thy Counsels Will Be Strong **From:** #WordsToLiveBy
Fax: 1-909-482-2070 **Date:** Jun 14/19 02:19 AM
Organization: Thy Reprimands Avail
Subject: 9 Scourges of Inequality / 12 Steps of Social Improvement

#ConspiracyExposedTerminatesASAP

#GovernmentSponsoredHate

#HIVUntreatable

Counsels-Will-Be-Strong = [Name Line] : ??

Thy-Reprimands-Avail = [Web Presence URL]

[1] Via Fax (909) 335-3167 [Inland Psychiatric]

Doctor Mubashir Farooqi / Patient J.M. Driskill

<http://webdomains.fuckeduphuman.net/inlandpsych.com/Mubashir.Ahmad.Farooqi.Md/>

[2] Via Fax (858) 634-6975 [@BorregoHealth]

<http://BorregoHealth.FuckedUpHuman.Net>

- [#CorporateSocialResponsibility/](#)
- [You-Have-Allowed-Hate-To-Win/](#)
- [Faxes/](#)

<http://borregohealth.fuckeduphuman.net/%23CorporateSocialResponsibility/You-Have-Allowed-Hate-To-Win/>

Doctor Eric Tomomi Shigeno [HIV Care : #HIVUntreatable]

<http://Doctor-Eric-Tomomi-Shigeno.FuckedUpHuman.Net>

***Note To Record: Completely Ignoring The Closed/Do Not Communicate With This Office/Doctor Letter ***

[I DARE YOU TO FILE A HARASSMENT COMPLAINT]

<http://borregohealth.fuckeduphuman.net/Once%20Upon%20A%20Nightmare%20Glory%20-%20Haters%20Run-A-Muck%20-%20A%20True%20Story.txt>

[3] Via Fax (303) 962-5303 [Colorado Health Network]

<http://ColoradoHealthNetwork.FuckedUpHuman.Net>

Case Manager: Angela Elizabeth Keady

<http://AngelaElizabethKeady.FuckedUpHuman.Net>

Hate Puppeteer: Jamie Villalobos

<http://Jamie-Villalobos.FuckedUpHuman.net>

Regional Doctor: Doctor Nancy Ellen Madinger

<http://Doctor-Nancy-Ellen-Madinger.FuckedUpHuman.Net>

[4] Via Fax (909) 482-2070 [Foothill Aids Project]

<http://FoothillAidsProject.FuckedUpHuman.Net>

Mental Health Program Director:

Jennifer Anne Brehme

<http://Jennifer-Anne-Brehme.FuckedUpHuman.Net>

Case Manager:

Michael Ray Maynard

<http://Michael-Ray-Maynard.FuckedUpHuman.Net>

County Ryan White Program Admin

Bonnie Jean Flippin

<http://Bonnie-Jean-Flippin.FuckedUpHuman.Net>

Words To Live By:

<http://Counsels-Will-Be-Strong.for.James-Martin-Driskill.Doctor-Mubashir-Farooqi.Doctor-Eric-Tomomi-Shigeno.Angela-Elizabeth-Keady.Jamie-Villalobos.Doctor-Nancy-Ellen-Madinger.Jennifer-Anne-Brehme.Michael-Ray-Maynard.community.gruwup.net/Words-To->

Live-By/

Art thou dejected?
Is thy mind o'ercast?
To chase thy gloom,
Go fix some weighty truth;
Chain down some passion; do some generous good;
Teach Ignorance to see, or Grief to smile;
Correct thy friend; befriend thy greatest foe;
Be just in all things; make amends
For follies past, and, with warm heart,
Forgive, and be forgiven. Let work not words
Thy virtue prove. Go act as well as prate,
And then thy counsels will be strong,
Thy reprimands avail. ANON

THE province of the historian is to gather the threads of the past ere they elude forever his grasp and weave them into a harmonious web to which the art preservative may give immortality. Therefore he who would rescue from fast gathering oblivion the deeds of a community and send them on to futurity in an imperishable record should deliver a plain unvarnished tale.

[YouTube: #WordsToLiveBy [#20]]:

<http://Counsels-Will-Be-Strong.for.James-Martin-Driskill.Doctor-Mubashir-Farooqi.Doctor-Eric-Tomomi-Shigeno.Angela-Elizabeth-Keady.Jamie-Villalobos.Doctor-Nancy-Ellen-Madinger.Jennifer-Anne-Brehme.Michael-Ray-Maynard.community.gruwup.net/20/>

Continue Playlist For

#21: Excerpt Words Of Pope Francis Call To Us Nation In Front Of Congress Sept 2015

#22: How the Erosion Of Trust Leads To Murder and Mass Shootings [Washington Post]

Ryan-White-Care-Act@FuckedUpHuman.Net

<http://Counsels-Will-Be-Strong.for.James-Martin-Driskill.Doctor-Mubashir-Farooqi.Doctor-Eric-Tomomi-Shigeno.Angela-Elizabeth-Keady.Jamie-Villalobos.Doctor-Nancy-Ellen-Madinger.Jennifer-Anne-Brehme.Michael-Ray-Maynard.Ryan-White-Care-Act.FuckedUpHuman.Net>

A Forevermore Dunce [Full Naming Admonishment Address]

<http://Counsels-Will-Be-Strong.for.James-Martin-Driskill.Doctor-Mubashir-Farooqi.Doctor-Eric-Tomomi-Shigeno.Angela-Elizabeth-Keady.Jamie-Villalobos.Doctor-Nancy-Ellen-Madinger.Jennifer-Anne-Brehme.Michael-Ray-Maynard.aforevermoredunce.fuckeduphuman.net>

[YouTube: A Forevermore Dunce #27]:

<http://Counsels-Will-Be-Strong.for.James-Martin-Driskill.Doctor-Mubashir-Farooqi.Doctor-Eric-Tomomi-Shigeno.Angela-Elizabeth-Keady.Jamie-Villalobos.Doctor-Nancy-Ellen-Madinger.Jennifer-Anne-Brehme.Michael-Ray-Maynard.community.gruwup.net/27/>

Persuasive Technology: #23

<http://Counsels-Will-Be-Strong.for.James-Martin-Driskill.Doctor-Mubashir-Farooqi.Doctor-Eric-Tomomi-Shigeno.Angela-Elizabeth-Keady.Jamie-Villalobos.Doctor-Nancy-Ellen-Madinger.Jennifer-Anne-Brehme.Michael-Ray-Maynard.community.gruwup.net/23/>

Good Friends / True Friends: Why Do You Humans Lie So Much? #24

<http://Counsels-Will-Be-Strong.for.James-Martin-Driskill.Doctor-Mubashir-Farooqi.Doctor-Eric-Tomomi-Shigeno.Angela-Elizabeth-Keady.Jamie-Villalobos.Doctor-Nancy-Ellen-Madinger.Jennifer-Anne-Brehme.Michael-Ray-Maynard.community.gruwup.net/24/>

Crazy World Future Words #25

<http://Counsels-Will-Be-Strong.for.James-Martin-Driskill.Doctor-Mubashir-Farooqi.Doctor-Eric-Tomomi-Shigeno.Angela-Elizabeth-Keady.Jamie-Villalobos.Doctor-Nancy-Ellen-Madinger.Jennifer-Anne-Brehme.Michael-Ray-Maynard.community.gruwup.net/25/>

<http://Counsels-Will-Be-Strong.for.James-Martin-Driskill.Doctor-Mubashir-Farooqi.Doctor-Eric-Tomomi-Shigeno.Angela-Elizabeth-Keady.Jamie-Villalobos.Doctor-Nancy-Ellen-Madinger.Jennifer-Anne-Brehme.Michael-Ray-Maynard.inthemindway.org/>

My Mindway:

http://counsels-will-be-strong.for.james-martin-driskill.doctor-mubashir-farooqi.doctor-eric-tomomi-shigeno.angela-elizabeth-keady.jamie-villalobos.doctor-nancy-ellen-madinger.jennifer-anne-brehme.michael-ray-maynard.inthemindway.org/my_mindway.html

Some of my interests:

Spiritually minded in Wiccan beliefs, trained in shiatsu massage, music keyboards & composer, outdoors & summertime nude beaches, building meaningful friendships, technically minded in computers and programming, science and the way things work, understanding cultural diversity in the arts, search for extraterrestrial intelligence, herbs and their healing properties, Environmentalist of Earth's ecology and it's rocks, minerals, crystals, geofomations, natural resources, with seismic studies in earthquakes & volcanoes.

I Consider Myself As: Nice, caring, non-judgmental, honest, open-minded & open for new experiences, dedicated to the essence of life, a bit naive, respectful of others, strong-willed, never perfect but striving to improve, a seeker of good, a gay male, giving a helping hand, a data pack rat, lazy at times, loving & needing love in return, overly sensitive when hurt, annoyed by money's greedy presence and it's status & importance in our society.

Resume:

<http://counsels-will-be-strong.for.james-martin-driskill.doctor-mubashir-farooqi.doctor-eric-tomomi-shigeno.angela-elizabeth-keady.jamie-villalobos.doctor-nancy-ellen->

madinger.jennifer-anne-brehme.michael-ray-maynard.inthemindway.org/resume/jmd_resume.html

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STEPS TO BUILDING TRUST

Be reliable.

Do what you say, say what you mean.
Follow through consistently.

Be honest.

Keep your word. Tell the truth. People are
keenly aware of BS, they've heard it all!

Be open.

Expressing yourself gives others permission to do the same. Share
your thoughts, truly listen to others, show compassion.

Show integrity.

Keep secrets that are told to you, don't use gossip to build relationships,
manage your emotions, don't let anger or frustration get the best of you.

The 9 Scourges of Inequality and the 12 Steps
of Social Improvement to Rebuild Trust In Our Communities

(Used Without Permission)

INTELIVATE

The 9 Scourges of Inequality and the 12 Steps of Social Improvement to Rebuild Trust In Our Communities

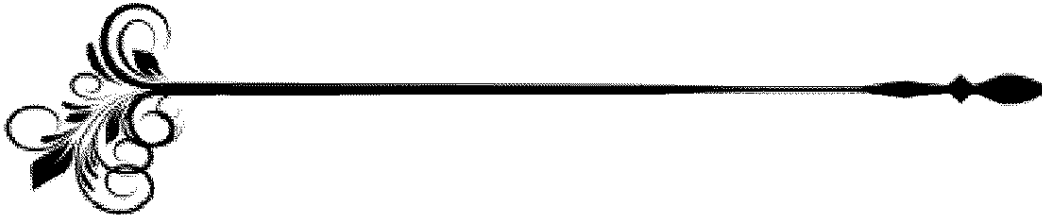
Published on June 13, 2019 [Edit article](#) [View stats](#)



James Driskill

Owner, realuphuman.net

19 articles



There are 9 scourges of inequality.

- 1. The erosion level of trust between people.**
- 2. Lack of trust leads to disconnection from others and the breakdown of social bonds.**
- 3. The increase in certifiable mental illness including addictions which are a form of mental problems**
- 4. Eating disorders and obesity**
- 5. Lower life expectancy**
- 6. Homicides including mass murders, a dramatic form of murder**
- 7. Suicides**
- 8. Imprisonment rates and**
- 9. The loss of social mobility.**



12 Steps Of Social Improvement To Rebuild Trust In Our Communities

[Adapted From 12 Step Programs Of Addiction]

- 1. We understand that one person alone cannot solve the chronic societal and personal problems that are making our lives very difficult to manage.**
- 2. We have come to believe that only a collective, which is a power greater than our individual selves, can move us and our nation forward to a healthier, more democratic place.**
- 3. We decided to commit time and energy, will and belief in the future to work together for change.**
- 4. We took a serious and thorough moral measure of ourselves, noting the ways we collude with societal forces in our own exploitation, and noting our embrace of practices and beliefs about ourselves and others that make us vulnerable to being manipulated and exploited. This is an important step. We need to be aware that we are not just victims or victimizers, we are also collaborators. We are not helpless. We can also act...-for better or for worse. What we need to do now is unite around basic principles and create programs to achieve goals for the benefit of all.**

5. We have admitted to ourselves and out loud to others, the ways we have collaborated in our own victimization and the victimization of others.

6. We are working to move beyond certain dysfunctional behaviors by taking action to better our own and other's lives. Some members of our collective take support from their religious or spiritual beliefs, as a private matter. Everyone's contributions enrich our group's development and efforts to create a broad unified movement.

7. We ask for and are ready to give, the much-needed support that will help us unlearn collusion and internalize the new knowledge and wisdom that comes to us through our efforts, and which is so necessary for our growth. We also ask for and will give, support to help us rebound from the disappointments likely to occur among our triumphs.

8. We are studying to fill the gaps in US history, the better to grasp both the similar and different realities lived by the diverse peoples who have populated our nation from the very beginning. We are studying the systemic arrangements: economic, political, social and psychological; the terrains of class and color, poverty and wealth, privilege and persecution, the marvelous and shameful, the horrible and the beautiful. We do this not just to discover, learn and acquire knowledge for its own sake, but to more inform our thoughts about the

dignity of life, creating change and building the future.

9. We continue to take a moral measure of ourselves, as individuals and as a nation. When we are wrong, we admit it.

10. We work to promote and to demand from our government-federal state and local- fair and just domestic policies that support American's efforts to live healthy and productive lives. We also work to promote and demand humane and non-exploitative foreign policies that encourage peaceful relations between nations and the well-being of all humanity and our planet earth.

11. We seek- through experience, study, meditation, imagination, discussion, and listening to each other- greater understanding, knowledge, and consciousness of the human condition and all life, the better to connect with others in developing a well-functioning, life-affirming, democratic society.

12. Having come to realize, by taking these 12 steps, that certain structural characteristics of US society hinder American's pursuit of happiness; has also realized the ways in which some of our own actions reinforce those hindrances, we have experienced an invigorating, moral, ethical, political, and personal awakening. Feeling the changes within ourselves, we are motivated to reach out and engage sympathetically and supportively with

whomever we can. We ask each other here to do the same. Our collective plans hope and cultivate action. Our collective is powerful. We can and will reap a sustainable future.

Source:

Mass Murder is Capitalist Misery: Economy Meets Psychology

POSTED ON JULY 01, 2017 · BY HARRIET
FRAAD | JULY 1, 2017

https://www.democracyatwork.info/capitalist_misery_economy_meets_psychology



Graphic Caption:

STEPS TO BUILDING TRUST

Be Reliable: Do what you say, say what you mean.
Follow through consistently.

Be Honest: Keep your word. Tell the truth. People keenly aware of bullshit, they've heard it all!

Be Open: Expressing yourself gives others permission to do the same. Share your thoughts, truly listen to others, show compassion.

Show Integrity: Keep secrets that are told to you, don't use gossip to build relationships, manage your emotions, don't let anger or frustration get the best of you.

Source: Intelivate (Used Without Permission, Building a Better Community)